

Comfort Chicken Casserole



Ingredient	Amount
Boneless dark meat chicken without skin	10 ounces – raw weight
Brown rice (dry, precooked)	2/3 cup
Broccoli fresh or frozen chopped	4 ounces
Campbells® Healthy Request Cream of Chicken soup	½ can
Canola or Hemp oil	2 teaspoons
NOW® Bone Meal Powder	2 teaspoons
GNC Teen multivitamin for boys	1 ½ tablets
Choline supplement (500mg)	½ tablet

This recipe is designed to be fed to healthy, adult dogs only and makes approximately 1000 calories worth of food. Follow the chart below to estimate the number of day's worth of food the above recipe will make for your dog. Each animal's required caloric intake is unique and is based on activity levels and metabolic rate, so you may need to adjust this daily amount to achieve optimal body weight. We recommend weighing your dog 2 weeks after starting the diet to make sure they maintain optimal body weight.

Weight of Dog in Pounds	Daily Calorie Requirements (Life stage factor 1.4)	Approximate Number of Days in Each Batch
5	181	6
10	305	3 ½
20	513	2
30	695	1 ½
40	863	1
60	1170	
80	1450	

Preparation:

Bake chicken in the oven until cooked through. Collect any juices or fat left in the pan and combine with the other ingredients. Cook the rice according to the manufacturer's directions and steam or boil the broccoli. Combine the chicken, soup, broccoli, and oil. After the meat mixture has cooled to the touch, crush the Teen vitamin, bone meal and choline and mix

with the other ingredients. Adding vitamins to a hot mixture can inactivate some of the ingredients.

You can double or triple the recipe as needed to decrease the frequency of cooking. If you cook large batches, place each daily portion in a separate freezer container or ziplock bag and freeze. Move one container from the freezer to the refrigerator each evening for the next day. Keeping the food frozen will help maintain freshness and palatability.

Homemade diets can be used the long term feeding of your pet; however, any substitutions in the recipe above could change the balance of the diet. You should not change the components of the diet or you may affect your pet's long-term health. Gradually switch over this new diet with your pet's old diet over 4-7 days.

Supplements: Most supplements in this recipe can be obtained at your local grocery store. The choline and bone meal can be purchased online at Amazon.com.



This recipe is formulated to meet either AAFCO or the National Research Council's daily nutrient recommendations for healthy, adult dogs. This recipe is copyrighted to the University of Tennessee College of Veterinary Medicine. The ingredients and their amounts should not be altered in any way.